



*Following  
the Mystic Path:  
A Spirituality for the  
Baptized  
St. Hildegard of Bingen*

**Wednesday October 29, 7pm**

**Enjoy an evening of wisdom and reflection with  
Dr. Shanon Sterringer**

Dr. Sterringer has a MA from St. Mary's Seminary in theology, a MA from Ursuline College in ministry, a D.Min from St. Mary's Seminary – her topic was "Celebrating the Gift of Women in the Life and Mission of the Church" – and she is currently working on a Ph.D. in Hildegard studies. She has led several prayer groups and workshops about St. Hildegard.

**Join us for a Pot Luck Picnic at 6pm  
St. Malachi Hall**

(Behind the Church at W. 25th & Detroit Aves.)  
All are invited! Bring a friend!

“this ‘prophetess’ [St. Hildegard] who also speaks with great timeliness to us today, with her courageous ability to discern the signs of the times, her love for creation, her medicine, her poetry, her music,...”

(Pope Benedict XVI, General Audience, September 1, 2010)

“The Christian of the future will be a mystic or will not exist at all”

(Karl Rahner, SJ, Theol. Invent. XX, 149)

